

Discipleship Plan

Your Discipleship Plan

In obedience to the Great Commandment to love God and our neighbor and the Great Commission to disciple nations we have sought with Missionary Cross Training to maintain the balance between being a disciple and making disciples. Both are equally important but the order is vital. Our making of healthy disciples flows out of being healthy disciples ourselves.

By virtue of our union with Christ, in other words our abiding in Christ (John 15), we will naturally bear the fruit in making disciples. While we must be intentional and have a strategic plan, making disciples is a spiritual work done by the power of Christ.

“Him we proclaim, warning everyone and teaching everyone with all wisdom,
that we may present everyone mature in Christ.
For this I toil, struggling with all his energy
that he powerfully works within me.”
Colossians 1:28

With the goal of maturity in Christ and the mindset of dependence upon the Christ we will make a plan:

1. For your own discipleship (Being a Disciple)
2. For the discipleship of others (Making Disciples).

Being a Disciple

First, fill out this Christ-Centered Evaluation. For each point and subpoint, rate your perceived level of progress from 0-10. The number 0 would be an area that is not present in your life. The number 10 is complete faithfulness and fruitfulness. Put a * beside the ones that are important to you and that you want to make a priority in your life.



Christ (Center):

- Identity in Christ
- Humility
- Fruit of the Spirit
- Integrity
- Purity
- Piety

Word (Down):

- Scripture Reading
- Study
- Hearing
- Memorization
- Meditation

Prayer (Up):

- Praise
- Thanksgiving
- Confession
- Intercession
- Silence & Solitude
- Fasting
- Sabbath Keeping

World (Left):

- Evangelism/witnessing
- Stewardship of Finance
- Stewardship of Time
- Stewardship of the Body
- Work/Calling
- Rest/Leisure

Church (Right):

- Service
- Fellowship
- Harmony with Others
- Submission to Leaders/Others
- Bearing with Others
- Discernment
- Marriage
- Parenting

If you will remember in your first lesson (1.1.1) you completed this same Christ-Centered Life Evaluation. Look back at your goal and actions steps you wrote then.

Compare your scores you just completed with the former ones in your first lesson (1.1.1).



What differences do you notice? Where have you grown? Where have you perhaps regressed in practicing the spiritual disciplines?

Review the goal you made in the Christ-Centred Life Evaluation.

How much was accomplished?

What were the hindrances of to fully completing the goal? (If you did not)

Now make a new Goal reflecting today's Cross-Centered Life Evaluation.

Which are the area(s) do you want to focus on first?

Identify which area of growth you want to work on. Then set a Goal and Action Steps to work toward that growth in that area.

Here are some principles for setting a Goal and Action Steps:

- Motivation: You should be highly motivated to attain the goal
- Responsibility: You must take full responsibility for your own growth while knowing your need for accountability and encouragement.
- Purpose: God is working in us by his grace through his Spirit to put on and put off patterns of sin. He is wanting to conform you to his image as you mortify sin (Colossians 3:3-10) and train yourself for godliness (1 Timothy 4:8).

The Goal statement and Action Steps should be S.M.A.R.T.

Specific. Measurable. Attainable. Relevant. Timebound.



For Example:

Goal: In 10 weeks, I will incorporate Paul's prayer requests into my intercessory prayers.

Actions Steps:

1. I will memorize Paul's prayers (Ephesians 1:17-19;3:16-19; Philippians 1:9-11; Colossians 1:9b-12) reviewing them every day for 4 weeks.

2. For the following 6 weeks, I will incorporate Paul's prayer requests into my intercessory prayers for my wife and children.

Now fill out the following information:

Goal:

Action Steps:

1. _____

2. _____

3. _____

What is motivating you?

Who will support you?



Making Disciples

Story:

There was a mission team that claimed year after year that they had goals for planting hundreds of churches for Christ. However, they had yet to even plant one church. When a new team leader joined the team, he challenged them to think about what they needed to do to plant just the first church. He had them make a plan for their personal evangelism and discipling. Within a year, the team had two growing fellowships, and the excitement of the team was palpable as they saw real fruits of their labors. (Adapted by A.B. from Daniel Sinclair's book *Vision of the Possible*, p.17)

We may all agree that being disciples of Jesus and making disciples for Jesus is important. But does how we spend our time each day reflect these eternal priorities? Just as Jesus had a plan for his time on earth, so we also need to be intentional and have a definite plan for advancing his kingdom in the world.

Below are six overarching questions with sub-questions according to the points of the Disciple's Cross. Take at time alone without any interrupted to answer all of these questions.

Word

- How will I fill my mind with truth?
 - How will I read God's Word?
 - How will I memorize God's Word?
 - How will I learn God's Word from others?

Jesus/Prayer

- How will I fuel my affections for God?
 - How will I worship?
 - How will I pray?
 - How will I fast?
 - How will I give?

World

- How will I share God's love as a witness to the world?
 - Who will I share with?
 - How can I intentionally create opportunities to share gospel truths?
 - When will I make these opportunities?
 - Why should I share the gospel?

- How will I spread God's glory among all peoples?
 - How will I pray for the nations?
 - How will I give and send workers to the nations?
 - How will I go to the nations?

Church

- How will I share God's love in the community of the church?
 - What body of believers has God called me to? Can I make disciples here?
 - What are the gifts God has given me to be a blessing to others?
 - What can I do to build up believers and be built up?
- How will I make disciple-makers like Jesus did?
 - How will I find them or bring them in?
 - How will I teach them to obey?
 - How will I model obedience?
 - How will I send them out?



Answer these questions and make faith goals while being conscious of your utter dependence on God as you are united with Christ at the center:

Word: I will fill my mind with God's truth by....

Prayer: I will fuel my affection for God by....



World: I will share God's love as a witness to the world by...

I will spread God's glory among the peoples by...



Church: I will share God's love in the church by...

I will make disciple-makers by...